



CCWC Educational Seminars

2009 Course Schedule

Pete Emerson's 2009 Courses

**"Superior Manual Therapy Education
at an Affordable Price!"**

**"Techniques you will actually use on
Monday and get Results!"**

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CHERRY CREEK WELLNESS CENTER, INC.

425 S. Cherry Street, Suite 640
Denver, CO 80246

CCWC Educational Seminars

Name: _____

Phone: _____

Email: _____

Address: _____

City/State/Zip: _____

Course(s): \$295 each

Lumbar I

____ Oct 3 – 4, 2009

Lumbar II (pre-req Lumbar I or equiv)

____ Nov 14 – 15, 2009

Cervical and TOS

____ Sep 19 – 20, 2009

Thoracic and Ribs

____ Oct 17 – 18, 2009

Call or email with Visa payment
or
Mail check to:

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Denver, CO 80246
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Instructor Profile and Course Descriptions

Pete Emerson, PT, MMTC has 25 years experience in manual therapy and has been teaching manual therapy courses for over 25 years. He has taught throughout the U.S., Korea, England, Scotland, and Switzerland. He was keynote speaker at the 1997 and 1999 OCPPP Conference in England, and was a guest speaker at the 2000 APTA Conference in Denver. Pete has trained in many aspects of manual therapy including high velocity spinal manipulation, MET, cranial mobilization, joint mob. techniques, and neuropathodynamic mobilizations.



Course Descriptions

Muscle Energy Technique of the Lumbar-Pelvis-Sacrum

Instructor: Pete Emerson, PT, MMTC

- Introduces the muscle energy system in evaluation and treatment of the lumbar spine, pelvis, and sacrum.
- Content includes palpation skills, anatomy, and landmark review, along with biomechanics of the lumbar, pelvis, and sacral areas.
- Participants will be able to accurately assess pelvic, sacral, and lumbar dysfunctions.

Muscle Energy Technique of the Cervical Spine & Thoracic Outlet Syndrome

Instructor: Pete Emerson, PT, MMTC

- Involves evaluation of the cervical spine including testing of cervical ligaments, single segmental testing of the cervical spine, muscle energy diagnosis and treatment.

- Includes evaluation and treatment of the upper thoracics along with all the structures contributing to thoracic outlet syndrome and upper extremity radiculopathy.
- Participants will be able to examine and treat cervical and upper thoracic dysfunctions as well as thoracic outlet dysfunctions.
- This course stresses a hands-on aggressive approach as well as a self-mobilization and a home exercise program.

Muscle Energy Technique of the Thoracic Spine & Ribs

Instructor: Pete Emerson, PT, MMTC

- Introduces the muscle energy system in evaluation and treatment of the rib cage and thoracic spine.
- Palpation skills and biomechanics of the rib cage will be reviewed, including structural and respiratory rib dysfunction.
- Participants will be able to evaluate and treat various rib dysfunctions and how they relate to thoracic dysfunctions.

Advanced Evaluation & Treatment of The Lumbar-Pelvis-Sacrum Level II—Pre-requisite Level I MET of the LPS

Instructor: Pete Emerson, PT, MMTC

- This course is designed to teach the therapist evaluation and treatment techniques for the more complicated dysfunctions of the Lumbar-Pelvis-Sacrum. Areas that will be covered include compound sacral problems, compound pelvic dysfunctions, and non-neutral Type I rotoscoliosis. Evaluation for hypermobility of the sacroiliac joint is also included, along with basic treatment protocol for treatment of the hypermobility syndrome.

Course Schedule

Sept 19 – 20	MET's of the Cervical Spine
Oct 3 – 4	MET's of the Lumbar Spine Level I
Oct 17 – 18	MET's of the Thoracic Spine and Ribs
Nov 14 – 15	MET's of the Lumbar Spine Level II (pre-requisite Level I)
Jan 2010	Spinal Manipulation Program coming. Please call for details

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Please visit

www.mtsofco.com.com

sign up to receive our class schedules electronically.

We will no longer be mailing brochures.

All those that sign up will be put in a drawing for a FREE class.